



# OUTTRAY

SCOUTING'S OFFICIAL MONTHLY NEWSLETTER FOR THE  
CAPE EASTERN AREA

Volume 13  
Issue 1  
Jan/Feb 2002

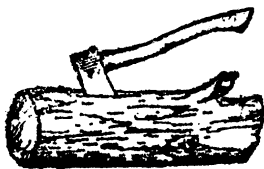
## CONGRATULATIONS

Awards will be presented to deserving adults in the movement at the BP Dinner. A list of the recipients will be published in the March edition of Outtray.

## EDUCATION

... Education, in the true sense, is the understanding of oneself, for it is within each one of us that the whole of existence is gathered. The right kind of education, while encouraging the learning of a technique, should accomplish something which is of far greater importance; it should help man to experience the integrated process of life. It is this experience that will put capacity and technique in their right place. Education in the true sense is helping the individual to be mature and free, to flower greatly in love and goodness. Only love can bring the understanding of another. The highest function of education is to bring about an integrated individual who is capable of dealing with life as a whole.

*J Krishnamurti "Education and the Significance of Life"*



## FORTHCOMING EVENTS

22 February	PE Cub and Scout Watersports, Uitenhage Swimming Pool
23 February	BP Dinner, 1st Cotswold Scout Hall
09 March	Area Scout Council
15-17 March	PE Kontiki (still to be confirmed)
21 March	PE See-O-Nee
24 March	PE Cub Soccer Challenge
24 March	PE Scout Touch Rugby
09 April	PE District Scouters' Council
21 April	St George's Day Service
18-21 April	POW WOW, Cape Eastern
10-21 December	Cedarberg Scout Adventure
28 Dec-07 Jan 2003	20th World Jamboree, Thailand

## OUTTRAY ON THE INTERNET

You can now download a copy of the Outtray, in colour, over the Internet. Current and past issues are now available at:

<http://come.to/mlitho>

You will need a copy of Adobe Acrobat Reader - this can be downloaded over the Internet as well, just follow the links.

## THANK YOU FROM MIKE RICHARDS

To all my Friends,

A sincere thank you for your concern during my recent incident, your visits at home and hospital, travelling great distances to visit, your cards, telephone calls, flower arrangements, and most of all the Prayers.

Every day that passes there is an improvement in my health and healing in the damaged areas. All the doctors have agreed that I am a very lucky man today as one centimetre up vertically could have been fatal.

I believe that God had His hand on me, during the incident, at the hospital, and waiting to go into theatre. I also firmly believe that God kept me as He has not finished with me yet here on earth, whatever that task might be.

This event has really shown who my friends are. Thanks to you all.

*Kindest regards*  
**Mike Richards**

## BP DINNER

DATE: SATURDAY 23 FEBRUARY  
VENUE: 1ST COTSWOLD SCOUT HALL  
TIME: 19H00 FOR 19H30  
COST: R40 PER PERSON

With Leslie Pike and 1st Cotswold parents in charge of the catering you can be assured of an excellent meal. Indeed, "the proof is in the pudding!"

Please make your bookings soonest with Pat at Scout Shop, Port Elizabeth.

## FRIENDSHIPS ACROSS THE MILES

News has been received from a very dear friend in Scouting, Iris Smith, whom so many of us know from the time she spent in South Africa. Iris is back in England where she is vice president of Suffolk Scouts and she invites us to visit their web site at [www.suffolkscouts.org.uk](http://www.suffolkscouts.org.uk) - Now that she has the Outtray web address, Iris will be kept up to date on all our news.

It was hoped that Iris would attend the forthcoming POW WOW, but her health has not been of the best and she is awaiting a medical appointment that prevents her travelling to South Africa. Iris writes: "What I'm disappointed in is that I had an invitation to attend POW WOW at Woodridge School, one that I had hoped to take up, followed by staying with old friends. Still, I shall have the next best thing because my friends in SA Scouting will, I'm sure, write and tell me all about it."

Friends can e-mail Iris at [cvp.iris@suffolkscouts.org.uk](mailto:cvp.iris@suffolkscouts.org.uk)

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## A WOW OF A WORKSHOP

Over the weekend of 9th – 10th February, Scouters from throughout Cape Eastern gathered at Gilsprings, Uitenhage, for a POW WOW workshop. Akela Hilda de Vroom of 1st Uitenhage (SOE), who hosted the weekend, was very pleased with the input and felt that a lot of headway had been made. All had a good time, despite the heat – 36C on Sunday! At least there is a pool in the Springs resort where the participants could cool off.

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## LOST PROPERTY

Sven Arndt of 1st Uitenhage (SOE) returned from SANJAMB minus his sleeping bag. It is a plum/purple colour and if anyone knows of its whereabouts, please phone Sven on (041) 922 8672.

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## QUOTABLE QUOTES

VISION: Life does not require us to be the biggest or the best. It asks only that we try. Benjamin Franklin

COMMUNICATION: A two cent smile gets more for you than a ten rand frown. Clem Sunter

LAUGHTER: My way of joking is telling the truth. That is the funniest joke in the world. George Bernard Shaw

ADVICE: Praise loudly, blame softly. Catherine II

LEARNING: First you teach your children to laugh, then you have to teach them to keep quiet! Julie Andrews

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## SANJAMB 2001

### *With acknowledgements to Algoa Anchor News*

On 9th December a big group of scouts, girl guides and a few troop scouters and guiders met at Greenacres. We loaded the bus, said our goodbyes and left for the Vaal Dam. As usual, Algoa booked the back of the bus and we were the noisiest bunch!! Just after midnight, when nearly everyone was asleep, Darryl (Kalvin's brother) decided to wake up everyone and sing campfire songs. On the 10th we finally arrived at SANJAMB, around 10H00. We got our T-shirts, scarves and our first SANJAMB newsletter. Then we went looking for our Sub Camp, offloaded the equipment and had the whole day to set up camp, get to know the place and meet other people. That night was the opening ceremony.

Every morning we woke up at 05H30, had breakfast, and at 08H00 our activities started. They ended at 17H00. We did Gladiators, pulling, solar cooking, water tube rafting, hiking, orienteering, mountain biking, shooting, sailing, canoeing, water snake, paintball, radio pioneering, obstacle course through the mud, backwoods cooking and even dyeing of hair and T-shirts, and polishing our nails which Jared, Peter, Phillip and Calvin did. (The Photo Gallery has recorded this).

At night there were parties or games evenings (the PE group came 2nd!!) and one of the evenings we got taught barn dancing. It usually was very hot during the day, but the day we arrived, one of the other nights and the last night we were caught in a thunder storm and everything got soaked. We met lots of wonderful people and made new friends!

I would like to say thank you to Butterfly for being our mom during SANJAMB and letting us use her cellphone to phone home. Thank you to Scotty for finding someone who

could get us there safely, and to our Troop Scouters, fellow scouts and committee for finding and supporting fundraising projects which made it possible to pay half of our transport to Gauteng. And a special thank you to our wonderful parents for finding the money and allowing us to go to such an awesome, fun and unforgettable holiday.

**Sarah Lower**

On the way to SANJAMB, everyone was very hyped up on the bus. We got there at about 10H00. When we received our scarves we were told to go to the blue sub camp. Our sub camp chief was Dave Cooper and we had a troop scouter who looked after our troop. His name was Buffalo (the gigolo). We had a range of activities to do. We started at 08H00 and ended at 17H00. My favourite thing was meeting new people (chicks). There were three more sub camps: green, yellow and red. There were over 900 people from South Africa and other parts of the world.

The 2nd night was the barn dance and the 3rd was a disco. The 7th night was about astrology (boring) and the 8th night was a hectic live party with bands Tweak and Wonderboom. For our day activities we had to go to a different base every day: blue base (water activities), violet base (commando course and paintball), green base (hiking and shooting) yellow base (body base, dyeing of hair, tattoos, etc) red base (gladiators) and orange base (mountain biking).

**Karl Kafer and Calvin Garner**

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## ALGOA 5-DAY CAMP

### *With acknowledgements to Algoa Anchor News*

This was gonna be a 5-day camp with a difference. We had the opportunity to go camping on the Spring Valley Farm, and in exchange we promised the owner to build a proper obstacle course (that's Algoa's trademark!!).

All the different parts of the obstacle course would be structures that some of our scouts had to build for their Springbok Badge. Beaver arranged with the owner for material and off we went.

Being so early in the year and the building trade only just starting again, there was a small hiccup with the material. This didn't bother our scouts too much because the weather was beautiful, and the fact that they couldn't start building the first day gave them the golden opportunity to play around in the water. Beaver fetched the canoes and the tubes, there was a boat and a few paddle skis, and this is all Sea Scouts need. We had fun and games in and around the water and the teams were earning points in a "Battle of the Sexes" game throughout the whole camp.

Beaver watches too much Survivor and decided that a "food reward" was an excellent incentive for teamwork, action, neatness, etc. And when the magic words "FOOD REWARD" were said, it was quite scary how NEAT those tents were for inspection, how ENERGETICALLY they played the games and how SPORTSMANSHIP was the order of the day. See, FOOD is really important for scouts.

The next day all the equipment arrived and the scouts put their energy in action. The aerial runway launching platform, the "barn door" wall, a monkey bridge and a few other structures began rising from the dust. The next day we continued till noon when the teams started working on their cooking competition. They all did well; put a lot of effort into presentation and serving. The Penguin team won the cooking competition, and at the end of the camp we had to give the overall trophy to the girls for best inspection and teamwork in general. Well done guys, it was a really nice and relaxing camp!!

**Butterfly - Lisbet Demeyer**



## CUB JUNGLE CAMP

It was probably the hottest weekend of the summer season when 1st Uitenhage (SOE) held their Cub Christmas Camp at Gilsprings from 7th – 9th December. Akela Leslie and the 1st Cotswold cubs were invited guests. For 1st Uitenhage APS Ivan Ingram, Red Fang, it was a first time experience, one that he thoroughly enjoyed. The theme was a "Jungle Camp" and the Gilsprings venue is perfect in that regard. Hadedas and peacock abound. Occasionally a little duiker will make a timid appearance while the monkeys are as brazen as ever. This time it was Leslie's turn to shoo them away but they still managed to sink their teeth into the play dough animal sculptures the cubs had made and then spat out the dough in disgust at its lack of flavour! The cubs' disappointment in their masterpieces being ruined was soon overcome by their wonderment of the teeth impressions on the remaining bits of dough!

Except for the breakfasts, Saturday evening Chicken potjie and the desserts, all was self-catering. The Cubs braaied their own wors and burger patties and made pressure packs of meat and veggies. How grand they felt! They went on a night hike to the dam and had a guided tour of the "Eyes" – natural springs that provide part of Uitenhage's water supply. Cub programme AAC Veronica Davies and husband Keith paid a visit and Veronica was fascinated at her first sight of the Eyes. The boys tackled the Showman badge with relish, making jungle animal puppets and stages and performing short plays. Some very artistic dream catchers were created from gut, beads and feathers and they also tried their hand at weaving picture frames with grasses, string and wool – here they were all thumbs! Favourites amongst the games were "Mowgli and the Banderlog", "The Mowha Tree", "Dance of Kaa" and "Dance of the Banderlog".

At 15H00 on Sunday afternoon 19 happy exhausted Cubs broke camp and went off to enjoy their Christmas holidays.

Five exhausted adults happily went home to enjoy a well-earned break. Snippets from the "What I Thought" letters:

*Thank you for inviting the 1st Cotswold Cubs. Your thank you present will be coming soon.*

Godwin

*the games were nice the Akelas were always there if you were hurt or had a problem thank you for everything.*

Ross

*The first night we had to give our tent a name. We wrote our name on a piece of cloth. Then we had to iroin it.*

Andrew

*The camp was very nice aspeslhie the tower hike Me and curtley saw a hare.*

Daniel J

*I loved the Berger very I did not lick vegetafles.*

TC

*I like ceremony a bit I like the bonfire and the songs we sang. I did't like the paken and egg.*

Trenton

*This camp was great and I really enjoyed it. I didn't enjoy the hot weather that we had this weekend.*

Godwin

*I lked the camp so much. My favirate food was chickin and marshmelloes. Akela Lesily was their also.*

Jared

*The first night tc eretated us so we got up and whent to the table. We went to the tower and it was towering*

Warren

*I'd like to thank all the staff who made the lovely food this weekend. Especially all the entertainment. I am deffanatlie come again.*

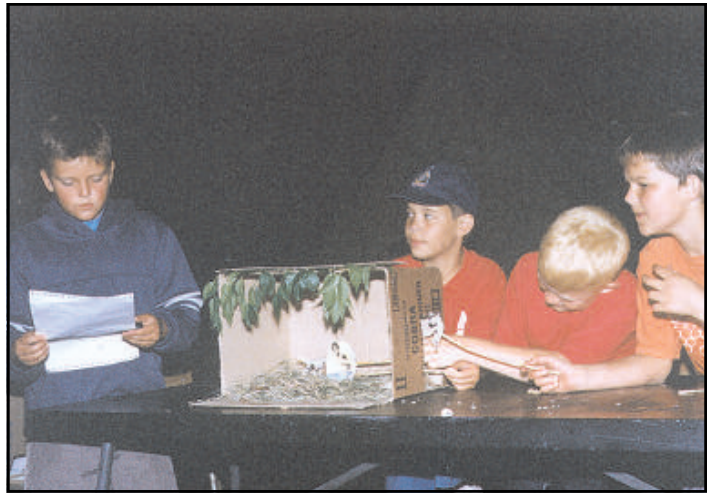
Daniel B

*I liked the camp because we slept there. I also liked the hike. The tents were very hot in the night.*

Stuart

*It was a blast but tiring. TC sprayed water over our tent then I was mad. But I don't like vegetables.*

Cameron



JASON, DANIEL, DEVON AND TC PERFORM THEIR PUPPET SHOW



1ST COTSWOLD GUESTS READY FOR THE CAMPFIRE



A TOUR TO THE EYES WITH AAC VERONICA DAVIES



TAKING A "BREATHNER" IN THE SHADE WITH RED FANG – IVAN INGRAM



*I liked the hike to the tower and the Eyes. I liked the night we went to the dam and the tower was very high.* Walter

*The thank you I hant all fun.* Colin

*Well the food was great. The activities were wonderful and the games were awesomes. Other than the heat I have no complaints.* Lyall

*Thanks for haveing a nice time for us. I loved the games, asbeshely walking to the dam.* Jason

*The only thing I did not like was the heat. I would like to have the game where Conrad is Shere-kahn.* Curtley

## WHY DO WE DO FIRST AID IN SCOUTING?

If you are skilled in First Aid you can not only care for yourself, but also others when there has been an accident or an emergency. First Aid brings together the ideals of the Scout motto - "Be Prepared" and the slogan - "Do a Good Turn every day". Even the Scout Law - "A Scout is a friend to ALL and a brother to other Scouts". Reminds me of that famous Rockwell illustration which first appeared on the cover of the USA Scouting Magazine a number of years ago, of a Scout walking through snowdrifts with a smaller Scout across his shoulders. The slogan "He ain't heavy, he's my brother!" now hi-jacked in the words of a well known song.

Accidents happen every day - when you are alone or with friends, you may come across a car smash or mugging, or you may save someone from drowning. A person in the street, on a bus, or on a train may have a heart attack near you. In camp, another Scout may injure himself. At home, a member of your family may fall and break a bone. In all these cases YOU may be the one who can save a life by knowing what to do. So BE PREPARED for accidents and emergencies

Where do you go to get this training? Well over all the years I can remember, The St Johns Ambulance and Red Cross Societies have been most helpful. There are so many more people trained in First Aid, maybe you can get one of these to train you Pack or Troop for what is required by the Cub/Scout programme in their age groups. Remember First Aid is only PART of our programme and we are not expected to train Paramedics - only First Aiders that can do something to ease the casualty until they can be got to professional help.

**KIWIT - Inspired by "First Aid Achievements - 1982"**



SCOUTERS DOING A TRADITIONAL SONG & DANCE.

### Contributions can be:

Delivered to Scout Shop P.E.

Faxed to the Scout Shop on (041) 374-4096

Email them to [mlitho@iafrica.com](mailto:mlitho@iafrica.com)

Editor & PRO: Heather Mc Ewan - Tel: (041) 966-2331

## LAUNCH AND INVESTITURE CEREMONY

On 15th February an investiture was conducted at the Nxarhuni School. After the welcome by the school principal, Mrs Mbeka we were entertained by the guest speaker, Mr Makanda, the District Manager for the Buffalo City District. All this was preceded by a march past of very young drum majorettes and all the Scouts and Guides.

Those invested were from: -

Nontutuzelo	14 Girl Scouts
Nxarhuni	31 Girls & 5 Boy Scouts

Having heard that the Area Commissioner was fluent in Xhosa, Ernie was challenged to address those present in their language, which he duly did to the amazement of most people.

In attendance were 35 Rangers & Guides from 1st Group Qwalasela and 18 Cubs from Mpongo Group together with a number of Guiders, Scouters, and Commissioners. All the pupils of this school were bewildered and sat very quietly during the complete ceremony. A number of parents and members of the local community were enthralled by the occasion.

In his "vote of thanks" address the local councillor, Mr Kolisi, expressed his amazement at what Scouting is all about and thanked all those at the top level for bringing Scouting & Guiding to their community. He also expressed his wish that all the local schools would get involving in Scouts. After the ceremony we were confronted by 4 schools were wanted to know more and how they could get Scouting started in their schools.



ON THE LEFT IS MRS M. MBEKA, PRINCIPAL OF THE NXARHUNI SCHOOL WHOSE SCOUTS WERE INVESTED



MR MAKANDA, BUFFALO CITY DISTRICT MANAGER, SEEN AT RIGHT STANDING, TOOK PART IN THE INVESTITURE.